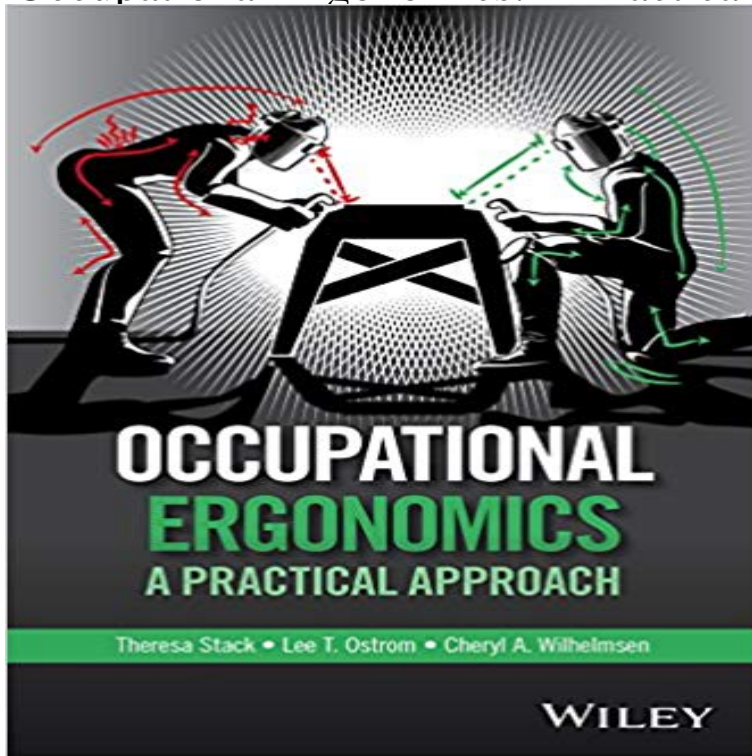


Occupational Ergonomics: A Practical Approach



The approach to the book is analogous to a toolkit. The user will open the book and locate the tool that best fits the ergonomic assessment task he/she is performing. The chapters of the book progress from the concept of ergonomics, through the various assessment techniques, and into the more complex techniques. In addition to discussing the techniques, this book presents them in a form that the readers can readily adapt to their particular situation. Each chapter, where applicable, presents the technique discussed in that chapter and demonstrates how it is used. The supporting material at the end of each chapter contains exercises, case studies and review questions. The case study section of the book presents how to use techniques to analyze a range of workplace scenarios. Topics include: The Basics of Ergonomics; Anthropometry; Office Ergonomics; Administrative Controls; Biomechanics; Hand Tools; Vibration; Workstation Design; Manual Material Handling; Job Requirements and Physical Demands Survey; Ergonomic Survey Tools; Work-related Musculoskeletal Disorders; How to Conduct an Ergonomics Assessment; and Case Studies

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The user will open the book and locate the tool that best fits the ergonomic assessment task he/she is **Appendix A: Exercises - Occupational Ergonomics: Practical** Occupational Ergonomics: Practical Approach, A. Additional Information(Show All). How to CitePublication HistoryISBN Information **Wiley: Occupational Ergonomics: A Practical Approach - Theresa** This chapter describes anthropometry, and identifies the best ergonomic design principle for a situation. It demonstrates how to use **Occupational Ergonomics: A Practical Approach, Theresa Stack, Lee** - 35 sec - Uploaded by Richard CosgroveHow to use Rula and Reba for postural evaluation - occupational ergonomics - Duration: 6:22